

Annapurna Base Camp Trek - 11 days



Annapurna Base Camp Trek is one of the nicest trekking routes and great Himalayan view trek in Annapurna Region. It shows you real mountain views in 360 degrees means after reaching Annapurna Base Camp you are surrounded by Magnificent of Himalayas.

Annapurna Base Camp Trek is one of the short but popular trekking trails too in Annapurna region of Nepal.

Annapurna base camp is situated at 4130m above the sea level which lies in Annapurna region. Where, Annapurna region lies stretching along with Lamjung Himal from the Kali Gandaki in the west to the Marshyangdi in the east in central north part of Nepal.

Annapurna Region is famous for trekking, expedition, hiking, and climbing. There are many attraction of this trek like the panoramic views of Himalayas, also flora and fauna along with amazing blending of culture and lifestyle, and also get chance to see wild animals like Himalayan Thar, Musk Deer, Leopards, and different species of birds too.

Annapurna Region has many trekking routes which are short and long treks, so one can have a great chance to choose the trekking routes and area according to your timeframe. The optional trekking routes are Ghorepani Poon Hill Trek – 7 days, Mardi Himal Trek – 4 days, Jomsom Muktinath Trek – 7 days, Ghandruk Trek – 4 days, Annapurna Circuit Trek – 19 days and Panchase Trek – 3 days etc.

Duration: 11 days

Price: \$635

Rating: 5 Star

Group Size: 02

Grade: Medium

Destination: Nepal

Activity: Trekking in Nepal

Region: Annapurna Region Trekking

Accommodation:

Kathmandu and Pokhara: Accommodation with breakfast

Trekking: Accommodation, Lunch, Dinner and Breakfast.

Vital Information

Kathmandu, Pokhara, Annapurna Base Camp, Ghandruk Village, Machhapuchhre Base Camp, Himalaya, Nayapul, Fewa Lake and Annapurna Himalaya, Mardi Himal

Itinerary:

Day 01

Kathmandu Arrival

Our representative picks you up at airport and transfer to Hotel. Briefing about the trekking.

Day 02

Drive from Kathmandu to Pokhara (820m/2,690ft) 6-7 hour

Today we drive from Kathmandu to Pokhara. Therefore, early in the morning our guide will come to pick you up at your hotel and drive you to the bus station (tourist bus station) to catch a bus to Pokhara. Tourist buses for Pokhara are scheduled to leave at 7 in the morning. The bus leaves the valley through its entrance at the west. Soon, the bus continues on the Prithvi Highway. A very beautiful landscape will accompany you, while you are on the highway. Green hills, river, waterfall, terrace farms with seasonal crops, hamlets, hotels, motels and restaurants – everything is very amazing. The bus will stop for breakfast and lunch, before reaching Pokhara. After enjoying the highway for about 6-7 hour, we reach the beautiful Lake City, Pokhara. Around the evening, we will stroll around the lake area. Your accommodation tonight is arranged in a tourist standard hotel in Pokhara.

Day 03

Drive from Pokhara to Nayapul and trek to Ghandruk (1940m/6,364ft) 5-6 hour

After breakfast at the hotel in Pokhara, we will first drive you to the bus station to catch a bus to Nayapul. After about 2 hours drive, we reach Nayapul, the starting point of the trek. From Nayapul, crossing the bridge across the Bhurungdi River, we walk down to Birethanti. After a few necessary formalities at the office of ACAP, we will continue towards Ghandruk. The winding trail along the Modi River is flat until the Syauli Bazaar. From here, the hiking continues up till Ghandruk past Kimche and Chane. You will get a chance to enjoy the very beautiful view of Annapurna South, Hiun Chuli, Machhapuchhre and the farming lands, usually terrace farms, before reaching Ghandruk. Ghandruk is a beautiful Gurung settlement on the way to the Annapurna Base Camp. Utilizing our time, we spend some time exploring the settlement, museum and temple in Ghandruk. On request, a cultural show can also be arranged in the evening. This will help you know more about the Gurung culture. The lunch will be served in one of the teahouses on the route. The dinner and accommodation tonight are arranged in a lodge in Ghandruk.

Day 04

Trek from Ghandruk to Sinuwa (2,360m/7,742ft) 5-6 hour

After breakfast at the lodge, leaving the village of Ghandruk, we again trek along the bank of the Modi River and towards Sinuwa. Now leaving the river behind, we climb towards a huge boulder. We will now walk past the boulder to cross the bridge across the Kimron River. As we cross the river, a steep upward hike will take us to another Gurung village, Chhomrong past Jhinu Danda. Crossing the Chhomrong river, we hike all the way up to the Sinuwa enjoying the bamboo, rhododendron and the oak forest. The view of Annapurna South and Machhapuchhre along the way are just fabulous. The lunch will be served in one of the teahouses on the route. The dinner and accommodation tonight are arranged in a lodge in Sinuwa.

Day 05

Trek from Sinuwa to Deurali (3,230m/10,597ft) 6 hour

After breakfast at the lodge, we will continue towards today's destination, Deurali. Initially, the hike is fairly easy up till Bamboo, past Kuldhigar. From Bamboo, we will have to walk on a steep staircase, through the forest of Bamboo, Rhododendron and Oak, up till Dobhan. The steep hike still continues through the valley towards Himalaya and Hiku Cave, which finally ends as we reach Deurali. Apart from the forest, you can also enjoy a few waterfalls, temples and caves, en route to Deurali. The lunch will be served in one of the teahouses on the route. The dinner and accommodation tonight are arranged in a lodge in Deurali.

Day 06

Trek from Deurali to Annapurna Base Camp (4,130m/13,549ft) 5 hours

After breakfast at the lodge, the trekking continues, initially, a fairly easy climb along the Modi River, up till Bagar. From Bagar, a comparatively difficult climb will first take us to the base camp of Machhapuchhre (3,700m). We will spend some time enjoying and capturing the view of Machhapuchhre and the surrounding peaks. From here, following the wide trail, we will now enter the Annapurna Sanctuary and finally reach the South Annapurna Base Camp, the destination of this trekking. Here you can enjoy a 3600 view of snow covered peaks that include Gandarwa Chuli, Annapurna III, Gangapurna, Annapurna South, Patal Hiun Chuli and other sister peaks as well as the Annapurna South glacier. The lunch will be served in one of the teahouses on the route. The dinner and accommodation tonight are arranged in the Annapurna Base Camp.

Day 07

Trek from Annapurna Base Camp to Bamboo (2,340m/7,677ft) 6 hour

After enjoying the mighty Annapurna Sanctuary, its now time for us to return. Therefore, after breakfast at the lodge, we retrace the trail used earlier to get back to our destination, Bamboo. The trail accompanied by waterfalls, caves, temples and the forest of Bamboo, Rhododendron and Oak, passes through Bagar, Deurali and Dobhan, before reaching Bamboo. From the Annapurna Base Camp, it takes about 6 hours to reach bamboo. We spend the remaining day resting and preparing ourselves for the next day's walk. The lunch will be served in one of the teahouses on the route. The dinner and accommodation tonight are arranged in a lodge in Bamboo.

Day 08

Trek from Bamboo to Jhinu Hot Spring (1,780m/5,839ft) 5 hours

After breakfast at the lodge, we hike down to the bridge across the Chhomrong River, past Sinuwa. We cross the bridge and enter the beautiful settlement of Gurung people, the Chhomrong village. From Chhomrong, a steep downward hike will take us to the Jhinu Danda. Jhinu Danda is also very famous for its natural hot spring, which is located 20m downhill from Jhinu Danda. Therefore, the remaining time you can relax your tired muscle by taking a dip in the natural hot spring. The lunch will be served in a teahouse. The dinner and accommodation tonight are arranged in a lodge in Jhinu Danda.

Day 09

Trek from Jhinu Hot Spring to Nayapul and drive to Pokhara (820m/2,690ft) 7 hours

After breakfast at the lodge, our downward hike continues as we cross the bridge across the Modi River. The up and down hill trail now passes through occasional bamboo forest and small villages flaunting terrace farms and seasonal crops till Syauli Bazaar. The trail from Syauli bazaar to Nayapul is flat and easy. Continuing on a flat trail, we will first walk till the Birethanti, where the necessary check our formalities will be completed by the

guides. Then, we will cross the bridge across the Bhurungdi River and walk up to Nayapul, from where we catch a bus to Pokhara. After 2 hours drive, we reach Pokhara. The evening can be spent exploring the lake side and the night life in Pokhara. The accommodation tonight is arranged in a tourist standard hotel in Pokhara.

Day 10

Drive from Pokhara to Kathmandu (1,300m/4,264ft) 6-7 hour

Early in the morning, you will be transferred to the bus station to catch a bus (tourist bus) to Kathmandu. The bus continues on a Prithvi Highway towards Kathmandu. The bus will stop twice, once for breakfast and then for lunch at one of the restaurants along the highway. Once again, you will get a chance to enjoy the very beautiful landscape, the roaring Trisuli River, hamlets, terrace farms, seasonal crops, and the green hills, before reaching Kathmandu. After 6-7 hour ride on a comfortable tourist bus, you will finally reach Kathmandu. From the bus stand, you will be transferred to your hotel in Kathmandu.

Day 11

Final Departure from Kathmandu

we will see you off at Hotel and transfer to Kathmandu airport or other destination.

Cost Include:

- All ground transports in private vehicle including airport transfers
- Two nights' accommodation with breakfast at a hotel in Kathmandu
- Full board meals with tea/coffee (breakfast, lunch and dinner) during the trek
- Best available twin sharing lodge to lodge accommodation during the trek; we provide private bathrooms with hot shower on the way to Trekking.
- Seasonal fruits during the trek
- One highly experienced, helpful and friendly guide and their food, accommodation, salary, equipment, and accidental insurance for all staff
- Kathmandu – Pokhara and Pokhara to Kathmandu including bus tickets
- First aid medical kit
- ACAP permit
- TIMS Fee- Trekkers' Information Management System (Please bring 2 passport size photos for permit)
- Government taxes & office service charge

Cost exclude:

- Meals not specified in the 'Meal Inclusions' in the itinerary'
- Travel insurance
- International airfare
- International airfare
- Nepal entry visa: you can obtain a visa easily upon your arrival at Tribhuvan International Airport in Kathmandu. (A multiple-entry tourist visa good for 30 days can be obtained by paying US \$ 40 or

equivalent foreign currency. Similarly, multiple-entry tourist visas for 90 days can be obtained by paying US \$ 100. Please bring 2 copies of passport-size photos.)

- Cold drinks Inc. coke, water, Fanta etc.
- Snacks and other personal expenses
- Hot shower during the trek
- Personal trekking equipment
- WiFi internet during the trek
- Tips and gratuities for trekking staff and drivers