

## Everest View Trek - 13 days



The **Everest View Trek** is relatively short and less challenging for people who are not so much enthusiastic about taking the wild road to exploration.

However, the trail has a unique appeal of its own because of the spectacular view that one gets to enjoy of the mighty Mt. Everest and other mountains. There are other tourist attractions that the Everest View Trek boasts of are – the local flora and fauna, the historic monasteries and the wonderful environment. Travellers can also get to explore the culture and tradition of the local Sherpa community that dwell in the region. It is not necessary that you require any kind of physical fitness for this adventure and therefore, is suitable for both old people and children and even for those who are on a short holiday trip.

The journey along the Everest View Trek takes a traveller right up to the Everest and the spiritual Kathmandu Valley.

### **The Journey to the Everest View**

Travellers will be beginning their journey from the Lukla that lies at an altitude of 9278 feet. Lukla is also one of the busiest mountain airstrips of Nepal and serves as the gateway to the Everest region. Your journey to the Everest Mountain will continue the lush vegetation of the Sagarmatha National Park, surrounded with an abundance of pine trees, rhododendron flowers and wildlife.

You will be taken through several Sherpa villages namely – Namche Bazaar, Phakding, Khunde village, Khumjung village, Phorte village and several other villages. Every village that you pass will offer you spectacular view of the mountains from different angles. If you are a keen photographer, do not miss out the chance to carry along with you some snap shots. A day of rest in Namche is important in order to be acclimatized to the higher altitudes.

## The Tengboche Monastery

You will also get to visit the famous Tengboche Monastery that sits at a height of 3860 meter. This is one of the highlights of the region and is known for offering a superb view of the Everest and other mountains belonging to the region. That is why, the trek to the Tengboche monastery is termed as the Everest View Trek. Most expedition groups visit the monastery in order to seek the blessing of the Lama who resides there.

It is very reputed among photographers, because the place allows them to capture the rugged beauty of the Mt. Everest, the Amadablam and other neighboring peaks. You can also visit Syanboche, from where you can capture stunning images of the Everest and other Khumbu mountains that lie in the region.

Khumjung is the biggest Sherpa village that lies in the Khumbu Mountains. You can visit the Buddhist monasteries there, the famous Hillary school and even the famous Yaks. You will get to enjoy the warm hospitality of the local Sherpa people. This will tell you a lot about their culture and their style of living. From here travellers can take a short flight to Kathmandu, which will give you the chance to enjoy the spectacular view of the Himalayan range and the people. The journey along the Everest View Trek is truly awe-inspiring.

Everest view trek has other some trekking routes in Everest Region which are Everest Base Camp Trek 17 days, Everest Trek, [Everest Base Camp 12 days](#), Everest and Gokyo Lake Trek, [Everest View Trek 7 days](#) and Everest View Trek 5 days, [Gokyo Lake and Valley Trek](#) and other many trekking routes in this area.

Duration: 13 days

Price: \$970

Rating: 5 Star

Group Size: Minimum 02 pax

Grade: Medium

Destination: Nepal

Activity: Trekking in Nepal

Region: Everest Region Trekking

### **Accommodation:**

Bed and Breakfast in Kathmandu and Full meals with lodge in trekking.

### **Vital Information**

Kathmandu traditional city with world heritages, Namche Bazaar, Lukla, Tyangboche Sherpa village with monastery, Everest View Trek, Mount Everest and Lhotse and other many Himalayan scene.

### **Itinerary:**

#### Day 01

##### Kathmandu Arrival

After arriving in Kathmandu Airport, our representative picks you up and transfers to Hotel.

#### Day 02

##### Kathmandu Tour

Half Day City Tour at Kathmandu Valley and Trekking preparation.

#### Day 03

##### Kathmandu to Lukla Flight and Trek

Morning drive to Airport and fly to Lukla and a short trek (2-3 hours to) to Phakding at 8,661 feet. The flight into Lukla is similar to the Everest View flight for attractive views and beauty.

#### Day 04

##### Trekking to Namche Bazaar from Phakding.

The trail climbs gradually following the river and enters the Everest National Park at Jorsale, then crosses the river and climbs steeply up to Namche (11,100 feet). (4-6 hours).

#### Day 05

##### Rest in Namche Bazaar

Namche/ Rest day or day hike possible. Namche is capital of the Khumbu district and offers many ways to spend a day.

#### Day 06

##### Trekking from Namche Bazaar to Tengboche

After breakfast, get on the trail and descend to the Dudh Koshi River. Continue on an ascent through conifer and Rhododendron forests to Tengboche. The Tengboche Monastery is situated on a ridge and is surrounded by

mountains including Thamserku, Kangtenga and Ama Dablam.

#### Day 07

Stay at Tengboche

Rest and Explore the Tengboche. Visit Tengboche Monastery and walk around that area from where you will see nice view of Everest and other many peaks too.

#### Day 08

Trekking from Tengboche to Khumjung

Retrace the trail to Phunkitenga. Divert to Khumjung and spend the afternoon visiting the famous Hillary School and having a snack at the world's highest bakery. Trekking time is about 5-6 hours. Overnight in Khumjung.

#### Day 09

Trekking from Khumjung to Manjo

After breakfast, start your long 5 hour descent to Manjo. Overnight in Manjo.

#### Day 10

Trekking from Manjo to Lukla

Get back on the trail trekking five hours into Lukla. Overnight in Lukla. (All meals)

#### Day 11

Flight from Lukla to Kathmandu

In the morning flight, from Lukla back to Kathmandu. Our guide will take you to Hotel.

#### Day 12

Rest in Kathmandu

After long days trekking, you will take rest hotel or walk around street market for shopping gift, souvenir for your family and friend.

#### Day 13

## Kathmandu to Onward Destination

This day we will see you off for your onward destination from Nepal.

### **Cost Include:**

- All land and domestic air transfer as per itinerary
- Arrival and departure transfers and Internal flights as per itinerary
- Twin share accommodation in Kathmandu and breakfast as per itinerary and ½ day sightseeing in Kathmandu
- All accommodation and 3 meals while on the trek in Tea Houses
- Fully escorted trek with English speaking guide and 1 porter between each 2 person
- Trekking permit and National Park Fees
- Salary, Wages, equipment, insurance, all meals during trek and other facilities to staffs
- Airfare (Kathmandu to Lukla and Lukla to Kathmandu)

### **Cost exclude:**

- International Airfare
- Visa to enter Nepal
- Airport Departure Excess baggage charges
- Other meals not stated (Lunch/Dinner) in Kathmandu
- Items of personal nature ie. Soft/hard drinks, tips etc.
- Travel Insurance (this is a mandatory condition of booking)
- Medical evacuation in case of emergency
- Personal spending money