

# Lhasa and Everest Base Camp Tour

Lhasa and Everest Base Camp Tour in Tibet Side offers real Tibetan culture and traditional experience and nice view of Mount Everest from Everest Base camp of Tibet Side. Lhasa and Everest Base Camp Tour is main attractive tour package which is related with culture, tradition and Himalaya of Tibet side. It offers a unique mystery and allure; the Buddhist Kingdom of Tibet has long captured the hearts and minds of the western world.

Our Kathmandu to Lhasa Tour covers a vast tract of this ancient land, crossing spectacular passes, through unforgettable landscapes and heading right into the spiritual heart of the country; Lhasa. Over ten days, our tour manages to take in a little bit of everything of the attractions this country has to offer.

The drive from Kathmandu to Lhasa Tour via Everest Base Camp takes seven days over the 'Friendship Highway'; along the way stopping at quietly enchanting Buddhist monasteries like Sakya, Shalu, Natang and remote villages untouched by modern civilization. A generous one night will be spent at Ronbuk, time to take in some unforgettable views of the highest mountain on the planet.

The road also passes through quiet Nyalam, the historical Shigatse and Gyantse, famed for the Gyantse Kumbum. And that's all before the road even comes into Lhasa itself; the spiritual heart of this country. For centuries the home of the Dalai Lamas and the target of devout pilgrimages, you could spend happy weeks lost in Lhasa's historical and spiritual treasures. This is convenient as the tour finished after a day tour of the capital that's exactly what you're free to do. Become one of the lucky few to have experienced first-hand the spiritual energy and sheer beauty of this amazing country.

Duration: 14 days

Price: \$1750

Rating: 5 Star

Group Size: 02 pax above

Grade: Medium

Destination: Tibet and Mount Kailash

Activity: Lhasa and Everest Base Camp Tour

**Accommodation:**

Bed and Breakfast

## **Vital Information**

Lhasa City Tour, Potala Palace, Jokhang Temple, Gyantse, Shigatse, Everest Base Camp, Tingri, Zhangmu and Kathmandu City Tour

## **Itinerary:**

Day 01

Kathmandu Arrival

We will pick you up at airport and transfer to Hotel and rest.

Day 02

Kathmandu City Tour or visa preparation

This day we operate Local tour and for your visa preparation for Lhasa and Everest Base Camp Tour in Tibet Side.

Day 03

Kathmandu to Lhasa Flight.

Our Tibet partner will pick you up at airport and drive to Hotel in Lhasa. It is 100 km far from airport to Lhasa.

Afternoon short walk to Barkhor square in central Lhasa. Rest for acclimatization.

Day 04 and 05

Lhasa Sightseeing Tours

Two full days of sightseeing tours of Lhasa. Visit the great Potala Palace the residence of the Dalai Lamas of Tibet; Norbulinka, the Summer Palace; Drepung & Sera, two of the biggest Buddhist monasteries of Tibet; the Jokhang Temple, the holiest shrine in Tibet; and the bustling Barkhor Tibetan Bazaar.

Day 06

Lhasa to Gyantse

Drive to Gyantse passing besides the beautiful Yamdrok Tsho (Turquoise Lake), crossing the Kamba La pass and Karo La pass.

## Day 07

Gyantse to Shigatse.

AM: Visit The Kumbum Stupa & Phalkor Monastery at Gyantse. Embark on a 3 hour drive to Shigatse through Tibetan farmlands and settlements.

PM: Sightseeing Tour of The Tashilunpo Monastery and the free Tibetan market.

## Day 08

Shigatse to Xegar.

Drive from Shigatse to Xegar, it takes about 8 hours to get to Xegar.

## Day 09

Xegar to Rongphu Monastery

Drive over rocky terrain on 4-WD Land cruiser/s to the village of Dza Rongphu. Overnight Rongphu Monastery Lodge.

## Day 10

Everest Base camp Excursion

A 2 hours trek from The Rongbuk Monastery will lead you to the base of the highest peak on earth - The North Face of Mount Everest (8848m.) Or Mount Quomolangma in Tibetan. Explore the Base camp and The Rongphu glacier. After Lunch in the afternoon drive to Tingri.

## Day 11

Tingri to Nyalam

Drive downhill to Nyalam crossing two spectacular passes - The Lalung La & Nyalam Pass.

## Day 12

Nyalam to Kathmandu

Drive downhill to Zhangmu and after immigration and custom formalities, cross the Friendship Bridge and meet with tour guide in Nepal side and drive to Kathmandu.

### Day 13

Rest day in Kathmandu.

This day you will be free to rest or shopping for souvenir or gift.

### Day 14

Departure from Kathmandu

We will see you off from Hotel for final departure to your country.

### **Cost Include:**

- Travel permit and Visa
- Accommodation with Breakfast in double bed sharing basis
- English speaking Tour Guide
- Transportation (Land Cruiser in Tibet side)
- Airfare (Kathmandu to Lhasa)
- All entrance fees in Monastery, Temple and Monuments

### **Cost exclude:**

- Any Alcoholic drinks
- Lunch and Dinner
- Any emergency rescue
- Health Insurance
- Phone call or laundry at Hotel.
- Expenses of any road blockage or land sliding and stop on the way.