

Lhasa City & Mount Kailash Tour

Lhasa and Mount Kailash tour is really lifetime experience tour to highest city in the world. Lhasa is found one of the highest city in the world till. Potala Palace, Jokhang temple, Barkhor Street, Norbulinka are the main city tour places.

Moun Katilash has other new meaning for Pilgrimages. It is called the shelter of Lord Shiva and Parbati those are god and goddess of Hinduism. It is sacred place with lake of Mansarovar. It is said that after complete chora of Mount Kailash, all sins will be splashed and become sacred your heart and life.

Duration: 21 days

Price: \$2350

Rating: 5 Star

Group Size: Minimum 02 pax

Grade: Challenging or Tough

Destination: Tibet and Mount Kailash

Activity: Tibet Tour Activities

Accomodation:

Bed and Breakfast

Vital Information

Lhasa city, Mount kailash, Potala Palace, Jokhang Temple, Mansarovar Lake

Itinerary:

Day 01

Arrive Kathmandu

Pick up from the airport/transfer to your hotel. Time permitting, you may want to start exploring the capital city (local guides are available). In the evening, meet the group for dinner and a trip briefing.

Day 02

Kathmandu Sightseeing

After breakfast, we set out for a guided tour of Kathmandu's holy sites, including Pashupatinath and Boudanath, before heading back to the hotel for lunch. The afternoon is spent making final preparations for the trip. Staff members can assist you in buying or renting any missing gear and you may check any unnecessary luggage.

Day 03

Flight from Kathmandu -Lhasa

Drive to Airport for the flight from Kathmandu to Lhasa by Air China. This one hour thirty minutes Trans Himalayan Flight will give you an opportunity to have an aerial view of the Mt. Everest and other Himalayan Peaks.

Arrival at Gonggar airport around 14.00 hrs. Local time. After clearing immigration and customs it will be an hour drive to cover the 93 km. to Lhasa which is situated at an altitude of 3670 meters. Upon arrival we check in at the hotel, right in the heart of the old city.

Day 04

Lhasa city tour

This day you will visit Potala Palace, Sera Monastery and Drepung Temple with tour guide.

Day 05

Lhasa city tour

This day also you will visit Lhasa city where Norbulink Palace, Jokhang Temple and Barkhor street with tour guide.

Day 06

Lhasa to Gyantse (3900m.)

After breakfast, you begin your overland adventure with a full day drive to Gyantse. Along the way you cross the Kamba la (4794m) and the Karo la pass (5010m), both grant spectacular views. After the Kamba la you come to Yamdrok tso, also known as the Turquoise Lake.

Day 07

Gyantse to Shigatse (3800m.)

In the morning visit Gyantse stupa and monastery followed by a two hour drive to Shigatse. Here visit the enormous Buddha in the famous Tashilumpo monastery. The seat of the Panchen Lama.

Day 08

Shigatse to Tingri (4350m.)

The journey today brings you over two high passes with fine views. For lunch we stop in the small town of Lhatse. Depending on how much time we spend during the morning in Shigatse we will stay overnight in Tingri where you will meet Nepali staff for your onward Journey.

Day 09

Tingri to Saga (4450m.)

On the first long driving day over the sandy and rocky land of Tibet, other things like lake, nomads chasing thousands of yaks and sheep keep you busy. By the late afternoon you will cross Bhramha Putra River way to typical Chinese and Tibetan town, Saga for night.

Day 10

Saga to Paryang (4500m) 285 km / 8 hrs.

Our Vehicle and trucks roll through the gigantic valleys following the various rivers through the grazing lands of yaks and sheep. The landscape is highlighted by snow capped peaks rising out of the distant sand dunes. Depending on the season, many Tibetan nomads and traders in traditional dress will inhabit this area. Over Night at Guesthouse / Camp.

Day 11

Paryang to Lake Manasarovar (4558m) 298km / 9 hrs

4560m (Chui Gompa): After breakfast, we proceed from Paryang to Manasarovar around 6 hours drive, crossing about 180 Km. Drive to Chui Gompa via the circumambulation of Lake Manasarovar. Yattris will get an excellent opportunity to bath on the holy Lake Manasarovar. Overnight stay at guest house in the bank of Manasarovar lake.

Day 12

Manasarovar to Darchen (4600m) 60km.

Lake Manasarovar (4500m) Lake Manasarovar is regarded as the most holy of all of Tibet's many lakes.

According to Hindu and Buddhist cosmology the four great rivers of the Indian sub-continent, the Brahmaputra, Sutlej, Ganges, and Indus all arise from the lake. It is said that Lord Vishnu floated in it for an eternity, dreaming, until the life force stirred, and out of the water's infinite potential sprang forth all of creation. This day offers a wonderful opportunity to see the great lake Manasarover with mt. Gurula Mandhata (7728m) on south and Holy Kailash on the north. After bath and Puja drive to Tarchen via Chiu monastery and hot spring. Over Night at Guesthouse.

Day 13

Manasarovar to Darchen

A day to prepare for the Kora (Those who are interested and fit can trek or ask driver to take Austapad for Puja, please be ready for tips to driver for the extra work). We can read just the day as per the needs.

Day 14

Darchen to Tarboche (5 km) trek to Dirapuk (4800m).

Our first day of trekking around Kailash begins at Tarpuche. As we make our way along the route we pass numerous chortens as well as the sky burial site of the 84 Mahasiddas. We will also have wonderful views of cascading creeks, streaming waterfalls and the mighty west face of Kailash. We will pass the Chukku Gompa and 5 hrs later arrive at the Dirapuk Gompa where we will set up camp for the night. Total hiking for the day will be 15 km 7 hrs. Over Night at Guest House or Camp.

Day 15

Trek to Zutulpuk Gompa (4790m).

The hardest but holiest day of the pilgrimage. We will cross through a rocky expanse dotted with stone cairns draped with the clothes offered by pilgrims as a spiritual sign of death. Gaurikunda is one of the holiest sites to view/ visit from the top. Further hiking brings us to the accent up to Dolma-La pass (5630m). After a nice break at the top of the pass we will head down the steep trail to our eventual campsite at Zutul-Puk Monastery (the cave of miracles where Milarepa meditated) Total hiking for the day will be 18 km 8 hrs. Over Night at Guesthouse or Camp.

Day 16

Trek to Darchen & drive to Manasarovar

Trek to Tangsar Tangmar and drive to Manasarovar Hor a 3 hrs walk brings us to where the river emerges onto the Borkha plain. Our Vehicle will be waiting to transport us to our camp at Lake Mansarovar. Over Night at

Guesthouse or Camp.

Day 17

Drive to Paryang (277km) 7-8 hrs.

After this day, we continue follow the same route, so direct drive from Manasarovar to Paryang.

Day 18

Paryang to Saga (185 km) 7-8 hrs.

This day also same drive from Paryang to Saga. Stay at Guesthouse.

Day 19

Drive to Nylam or Zhangmu (296 km) 6-7 hrs.

This day drive is a different, we come down to Zhangmu from Saga.

Day 20

Zhangmu to Kathmandu

Morning after breakfast, drive to Nepal and Tibet border and after completing custom formality, cross the Friendship bridge between Nepal and Tibet, then drive to Kathmandu.

Day 21

Free till Final Departure

This day we will see you off at your hotel and you will depart to your onward destination.

Cost Include:

- Twin sharing accommodation in Kathmandu B/B basis
- Sightseeing tour in Kathmandu
- All necessary transfers in Kathmandu
- All necessary travel & trekking permits
- Tibet group visa
- Kathmandu to Lhasa flight ticket
- Budget accommodation in Tibet on room sharing basis with breakfast during Lhasa and Kailash Tour.
- Two days guided sightseeing tour in Lhasa
- Tibetan Guide (English speaking)
- Monastery entrance fees / sightseeing entrance fees
- Pick up from Kodari – Kathmandu transfer

- Guesthouse or lodge accommodation in Tibet except during Parikrama.
- Transportation in Tibet by Mini Coach
- Yaks & Yak men during the Parikrama (circumambulation around Kailash)
- Gamow bag (pressure bag) and oxygen for emergency use
- Medical kit bag
- All applicable taxes and service charges

Cost exclude:

- Meals other than breakfast in Tibet, Kailash and Kathmandu
- Nepal re-entry visa fee (US \$ 30 per person)
- Riding Horse or Yak during the Parikrama for personal (on your request we provide this, cost is extra)
- Rescue and evacuation service
- Insurance for any loss and damage
- Personal tip for guide and driver
- Any additional expenses due to unforeseen circumstance