

Mera Peak Climbing

Mera peak Climbing is considered one of the major and popular trekking peaks in Everest Region of Nepal. Mera Peak Climbing is adventurous thrill in Khumbhu region to the south of Mount Everest. Mera Peak is technically ascended straightforward; however, the heavy snow and the maze of crevasses can make the way longer to the summit.

For Mera Peak Climbing, firstly the trek starts from Lukla and gradually ascent to Everest Base Camp for acclimatization and digesting altitude sickness. Also it makes physically practice and strong to make feel easy for climbing. Lukla is rewarding for experiencing little-visited and as yet UN spoilt region of Nepal with densely forested hillsides. There are several approaches to the base camp besides the easy and normal route, which is mentioned here. The routes crossing Amphu Labtsa (5,780m) and the Mingo La (5,871m) provide some the most adventurous trekking with spectacular scenery through remote glaciated valleys and passes.

North Face Glacier from the Mera La, the base camp can be set up at 5,300m which is on the Hongu side in the moraine below the ice. To climb Mera Peak, from here a high camp is set at 5,800m near a rocky outcrop on the Mera Glacier. The high camp proves to be one of the most glorious viewpoints in Everest Region which offering the panoramic views of Mt. Kanchanjunga, Chamlang, Mount Makalu and Baruntse sweeping around from the east and Amadablam, Cho Oyu and Kangtega to the west.

In the north of Mera Peak, the giant faces of Everest, Lhotse and Nuptse are appeared. There are three main summits can be climbed without much difficulty those are the south summit (6,065m) is the most accessible with the Northern Summit (6,476m), to get to the highest summit which can be reached by skirting the Central Summit (6,461m) to the north and following snow ridge to its top. Climbing the middle summit requires ascent up on steep snow and is more technical. North of Mera Peak is straightforward to climb.

Duration: 21 days

Price: \$2315

Rating: 5 Star

Group Size: Minimum 02 Pax

Grade: Easy

Destination: Nepal

Activity: Peak Climbing in Nepal

Accommodation:

Bed and Breakfast in Kathmandu and Tea House Trekking and Peak climbing is camping with climbing guide.

Vital Information

Peak Climbing to Mera Peak, Everest View Trek, City Tour in Kathmandu Valley.

Itinerary:

Day 01

Kathmandu Arrival

Arrive in Kathmandu received by our representative and transfer to Hotel, our tour and trekking manager will brief on the program regarding hotel, Kathmandu and trek and climb of Mera Peak.

Day 02

Kathmandu city tour and trip preparation

In Kathmandu with sightseeing tour and preparation for the trip. A leisure and a free day in Kathmandu as this spare day which helps to sort out the climbing gear and allows you with proper preparation for the trek and climb to Mera Peak and with optional half day sightseeing tour in and around Kathmandu at places of interest.

Day 03

Kathmandu to Lukla flight

Morning transfer to domestic airport for a sweeping scenic flight of 30 minutes to Lukla, and at present named as Tenzing –Hillary Airport. After a leisure time here for an hour or more, our first day walk of this adventure starts towards to our first overnight camp at Chutanga, trek passes several villages and farm lands with great scenery of hills and valleys then finally reaching at Chutanga, a summer pasture and a grazing area surrounded with dense pine and rhododendron tree lines, rest of the afternoon at leisure and for acclimatization's.

Day 04

Trek to Tuli Kharka 4,300 m - 06 hrs.

After a wonderful rest at Chutanga, our adventure continues with a morning climb to cross over Kalo Himal Ridge around Nau Lekh rocky mountain range, which separates the Khumbu area from Hinku Valley and western Makalu region. The trek over the first pass leads to a steep climb and then reaching a top ridge which is decorated and festooned with many Buddhist prayer flags at the height of 4,450 meters, this pass is called

Zatrwa Og, from here walk traverses over a boulder slope, then around a corner and to a climb once again to Zatrwa-La at 4,600 meters, with impressive stunning views across Dudh Kosi river valley and peaks of Karyolung and Lumding Himal, after marveling the awesome scenery an hour downhill reaches to Tuli Kharka for the overnight camp.

Day 05

Trek to Mousum Kharka 3,430m - 04 hrs.

From this small area of Tuli Kharka, today a short morning walk leading downhill with excellent view of Peak 43 and Kusum Kanguru peaks, then reaching to a scenic valley at Hinku area, with stunning South Face views of Mera Peak and back into deep rhododendron and pine forest, with a nice gradual walk through serene forest then reaching a summer pasture area at Mosum Kharka to set our overnight camp on a meadow near Hinku Drangka River.

Day 06

Trek to Tagnag 4,360 m - 05 hrs

After this nice quiet spot at Mousum Kharka morning trek follows towards north leaving the forest area behind, after a pleasant walk reaching to a wide open valley with a pasture land and small Sheppard's huts, walk continues to a small bridge to reach at Gondishung at 4,350 meters which is near to Tagnag area, this place with a small wooden huts and shelters of stone wall enclosures. Gondishung has an interesting 200 year old small Gompa (monastery shrine), from this nice place walk continues for another hour to our overnight camp at Tagnag, which is a small yak herder's temporary settlement, at present there are few tea houses and small lodges to cater the needs of travelers using this route, specially this place is important for staffs, guides and porters for a tea break and to socialize.

Day 07

Rest day at Tagnag for acclimatization

At this altitude is of over 4,360 meters having a rest for acclimatization would be an advantage here at Tagnag, before heading higher elevation and the climb of Mera Peak, an optional short hike to better view point's in this beautiful setting, surrounded with stunning mountains and view of Peak 43 at 6,769 meters.

Day 08

Trek to Khare 5,000m - 05 hrs

From this nice camp at Tagnag with good rest, starting the morning walk with a moderate day walk of about four hours with awesome scenery that surrounds this Hinku valley, walk follows on a moderate trail up over moraine damming the Charpatti Tal (lake), leading to a high area lined with cairns overlooking the glacial lake, then climbing for a short while the path leads downhill to a large pasture at Dig Kharka, from here walking for an hour across the boulder strewn hillside, to at Khare for the overnight camp.

Day 09

Trek to Mera Base Camp 5, 300m/17,384 ft - 04 hrs

Today, journey leads to our destination for the climb of Mera peak at its base camp, following the trail with a climb over Mera Glacier, leading straight on an ice sections for a short while then with a gentle descent reaching at Mera Base Camp for the overnight camp with ample time for relaxation and short walks around and preparation for climb to Mera peak summit bid.

Day 10

Trek and climb to High camp 5,780 m / 18,958 ft - 04 hrs

After a leisure day at Mera base camp, walking further up to set the High Camp to make it more approachable to the summit of Mera peak, normally climbers make it from the base camp to Mera top, but it is always safe and better to add one more camp before the summit bid, morning after leaving Mera base camp, trek heads across Mera La to reach Mera High Camp, after few hours of hard walking on this high altitude with few breaks and rest in between then reaching at Mera High Camp, for the last overnight camp before heading back to Lukla, afternoon our expert guides will scout the area of the route of climbing and will fix ropes where necessary, rest of the day preparation for Mera Peak climb, this high camp offers outstanding vista of Mt. Everest, Mt. Makalu, Mt. Cho Oyu, Mt. Lhotse, Nuptse, Chamlang and Baruntse peaks.

Day 11

Climb to Mera Peak summit at 6,461 m / 21, 1907 ft - 08 hrs

A Big Day! Starting very early before the break of dawn for the summit bid, our route leads with a steep climb; where our guides have fixed ropes earlier on necessary sections, after a hard strenuous climb without any technical difficulty reaching to the top summit of Mera peak, a dream becomes a reality with an overwhelming success, from the top of the summit overlooking striking panorama that surrounds you with world's highest mountains lies before you with Mt. Everest, Mt. Lhotse, Mt. Makalu, Mt. Cho- Oyu all the way in the eastern horizon Mt. Kanchenjunga including series of other snow capped peaks. After a hard climb and in high spirit of

success and enjoying the impressive panorama, descend with care on the longest trail to our base camp.

Day 12

A Reserve day in case of unfavorable weather condition

We have reserved an extra day which will be as contingency day, in case of unfavorable weather conditions some times in this high Himalayan range, the weather can be unpredictable, so an extra day on this type of adventure is very necessary, if all goes well can be used on the way back to Lukla with short day walk enjoying the great scenery along the way.

Day 13

Trek to Khothey 3,600 m -06 hrs.

After a mesmerizing moment and an experience of a life time return journey back to Lukla with a pleasant trek Kothey through Tagnag and then reaching at Kothey for overnight stop after an enjoyable day's walks.

Day 14

Trek to Thuli - Kharka 4,200 m - 06 hrs.

From Khothey morning walk leads back to forested area with blue Himalayan pines and rhododendrons tree lines, then passing several nice grazing area and meadows with a gentle uphill climb with sensational views of Mera Peak and other high Himalayan range of mountains, then reaching at Thuli – Kharka for the last camp before Lukla.

Day 15

Trek to Lukla - 07 hrs.

A long day walk today and as well the last day of trekking, starting the day earlier to reach at Lukla, retracing the journey with a climb over Naulekh or Kalo Himal ridges then Zatrwa Og and Zatrwa-La after the hard climb on the downhill trail with lush green vegetation and grand mountain scenery around, a long downhill brings you back at Lukla for the last overnight stop in Khumbu and Everest region, overnight in nice and cozy lodge with a farewell dinner among the great helpers and supporters of Unique Holidays expert guides, staffs and porters.

Day 16

Fly Lukla to Kathmandu and transfer to hotel.

From Lukla the flight starts early morning to Kathmandu, sometime the flight time can get delayed due to bad

weather, as per the flight time board in the small plane for a super, scenic flight back to Kathmandu, on reaching at Kathmandu domestic terminal our guide and staff transfer you back to respective hotels in the hub of Kathmandu in and around Thamel area.

Day 17

Rest day in Kathmandu or sightseeing tour

In Kathmandu with sightseeing tour at places of interest. We have reserved this day in Kathmandu in case of flight delay in Lukla.

Day 18

Final departure from Kathmandu

After a most memorable experience of a life time, our staff will transfer you to the airport for your final departure as per your flight time for homeward bound or to respective countries.

Cost Include:

- Airport – hotel – airport land transfers
- Accommodation on B/B basis in Kathmandu
- Lodging during trekking
- Experienced Climbing or expedition guide
- Experienced cook with 1 kitchen helper during the Climbing
- High altitude climbing (Sherpas) - 1 for 4 members
- Expedition permit for Mera Peak
- National park entry fee and local taxes
- Porters to carry members` equipment, food and fuel to Base Camp and back
- Meal during trek from Kathmandu to Kathmandu
- High-altitude food for climbing
- Eating utensils in high camps
- Tents - 1 per 3 members
- Sleeping bags for high camps - 1 per member
- Ropes as required or needed
- Ice screws
- Walkie-talkies

Cost exclude:

- PERSONAL climbing equipment
- Personal Insurance for trekking and climbing
- Lunch & dinner in Kathmandu
- Emergency Rescue evacuation, if needed
- Trekking/climbing sleeping bags
- Personal expenses
- Tipping (Tips)

- Bar bills & beverage
- Departures taxes